



GOVERNMENT OF JAMMU & KASHMIR  
HEALTH & MEDICAL EDUCATION DEPARTMENT

**GOVERNMENT MEDICAL COLLEGE, ANANTNAG**  
(Registrar Academics)

Main Campus, Dialgam, Anantnag (J&K)-192210. email ID: [principal-gmca@jk.gov.in](mailto:principal-gmca@jk.gov.in)

**Subject:** Orientation Day and Commencement of Foundation Course for MBBS Phase I, Batch 2026-27.

**NOTICE**

It is hereby notified for information of all newly admitted students of **MBBS Phase-I, Batch 2026-27** that the Orientation Day shall be held on **21.09.2026 (Monday)** at College Auditorium, Main Campus, Government Medical College, Anantnag as per the below mentioned schedule.

| Time                | Activity                                  |                                                                              |
|---------------------|-------------------------------------------|------------------------------------------------------------------------------|
| 10:00 am- 10:10 am  | Welcome Address                           | Dr. Mahbooba Rasool,<br><i>Coordinator MEU.</i>                              |
| 10:10 am- 10:20 am  | Inaugural Address                         | Principal, GMC Anantnag.                                                     |
| 10:20 am- 11:00 am  | Introduction to Departments               | All HOD's, GMC Anantnag.                                                     |
| 11:00 am- 11:30 am  | Orientation to Curriculum                 | Prof. (Dr.) Showkat Hussain Tali.<br><i>Head Pediatrics &amp; CC Member</i>  |
| 11:30 am- 11:45 am  | Code & conduct                            | Prof. (Dr.) Mehak Mufti,<br><i>Head Physiology &amp; Registrar Academics</i> |
| 11:45 am-12:00 noon | White Coat/ Oath Taking Ceremony          | Dr. Rauf Hussain Rather.<br><i>Assistant Professor, Community Medicine.</i>  |
| 12:00 noon onwards  | Mentor Mentee Program/<br>Closing Remarks | Dr. Junaid Ahmad Ahanger.<br><i>Assistant Professor, Pharmacology.</i>       |

All students along with their parents/guardians are required to attend the Orientation Day programme. The students are directed to report to the College at **09:00 AM** sharp on **21.09.2026**.

The Orientation Day shall be followed by the **Foundation Course commencing from 22.09.2026**, as per the schedule enclosed herewith as **Annexure A**.

  
**Principal,**  
**Govt. Medical College,**  
**Anantnag.**

**No. GMCA/RA/2026/1550-56**  
**Dated: 19.09.2026**

**Copy to:**

1. All HODs', Govt. Medical College, Anantnag.
2. Chief Accounts Officer, Govt. Medical College, Anantnag.
3. Administrative Officer, Govt. Medical college, Anantnag.
4. Chief Warden/ warden Boys/ Girls Hostel, GMC Anantnag.
5. I/C Website for uploading the notice on official website of GMC Anantnag.
6. Office Records file.

Annexure - A

| FOUNDATION COURSE |            |     |                                                                                                                                                                                                                               |                      |                      |                      |                                                                                                    |                      |                      |                      |  |
|-------------------|------------|-----|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------|----------------------|----------------------|----------------------------------------------------------------------------------------------------|----------------------|----------------------|----------------------|--|
| WEEK              | DATE       | DAY | 09:00 AM TO 10:00 AM                                                                                                                                                                                                          | 10:00 AM TO 11:00 AM | 11:00 AM TO 12:00 PM | 12:00 PM TO 01:00 PM | 01:00 PM TO 02:00 PM                                                                               | 02:00 PM TO 03:00 PM | 03:00 PM TO 04:00 PM | 04:00 PM TO 05:00 PM |  |
|                   | 21-09-2026 | MON | Orientation Day                                                                                                                                                                                                               |                      |                      |                      |                                                                                                    |                      |                      |                      |  |
| WEEK-01           | 22-09-2026 | TUE | History of Medicine<br>[Community Medicine]                                                                                                                                                                                   |                      |                      |                      | Professional Development & Ethics<br>Intro to Professionalism & Roles of Physician<br>[Physiology] |                      |                      |                      |  |
|                   | 23-09-2026 | WED |                                                                                                                                                                                                                               |                      |                      |                      |                                                                                                    |                      |                      |                      |  |
|                   | 24-09-2026 | THU | Lab Communication<br>[Biochemistry (Central Lab.)]                                                                                                                                                                            |                      |                      |                      | Lab Communication<br>[Biochemistry (Central Lab.)]                                                 |                      |                      |                      |  |
|                   | 25-09-2026 | FRI | Professional Development & Ethics<br>(Mental Health Awareness)<br>[Psychiatry]                                                                                                                                                |                      |                      |                      | Professional Development & Ethics<br>(Stress Management)<br>[Psychiatry]                           |                      |                      |                      |  |
|                   | 26-09-2026 | SAT | Community Orientation Module (Community Medicine)<br>Visit to a Primary Health Center, Sub-Centre Group-A Roll No.s 1 to 50<br>Immunization Clinic, Group-B Roll No.s 51 to 100<br>Ayush Centre, Group-C Roll No.s 101 to 150 |                      |                      |                      |                                                                                                    |                      |                      |                      |  |
|                   | 27-09-2026 | SUN |                                                                                                                                                                                                                               |                      |                      |                      |                                                                                                    |                      |                      |                      |  |
| WEEK-02           | 28-09-2026 | MON | Community Orientation Module (Community Medicine)<br>Visit to a Primary Health Center, Sub-Centre Group-A Roll No.s 1 to 50<br>Immunization Clinic, Group-B Roll No.s 51 to 100<br>Ayush Centre, Group-C Roll No.s 101 to 150 |                      |                      |                      | Sports & Extra Curr.<br>Cultural/Extra-Curricular Activity                                         |                      |                      |                      |  |
|                   | 29-09-2026 | TUE | Community Orientation Module (Community Medicine)<br>Visit to a Primary Health Center, Sub-Centre Group-A Roll No.s 1 to 50<br>Immunization Clinic, Group-B Roll No.s 51 to 100<br>Ayush Centre, Group-C Roll No.s 101 to 150 |                      |                      |                      | Professional Development & Ethics<br>Medical Ethics<br>[Anatomy]                                   |                      |                      |                      |  |
|                   | 30-09-2026 | WED | Skills Module<br>First Aid [Gen. Surgery (Minor OT)] Group-A Roll No.s 1 to 50<br>Basic Life Support (BLS) [Anaesthesiology] Group-B Roll No.s 51 to 100<br>Universal Precautions [Gen. Surgery] Group-C Roll No.s 101 to 150 |                      |                      |                      | Skills Module<br>Vaccination<br>[Community Medicine]                                               |                      |                      |                      |  |
|                   | 01-10-2026 | THU | Skills Module<br>First Aid [Gen. Surgery (Minor OT)] Group-A Roll No.s 1 to 50<br>Basic Life Support (BLS) [Anaesthesiology] Group-B Roll No.s 51 to 100<br>Universal Precautions [Gen. Surgery] Group-C Roll No.s 101 to 150 |                      |                      |                      | Sports & Extra Curr.<br>Cultural/Extra-Curricular Activity                                         |                      |                      |                      |  |
|                   | 02-10-2026 | FRI |                                                                                                                                                                                                                               |                      |                      |                      |                                                                                                    |                      |                      |                      |  |
|                   | 03-10-2026 | SAT | Skills Module<br>First Aid [Gen. Surgery (Minor OT)] Group-A Roll No.s 1 to 50<br>Basic Life Support (BLS) [Anaesthesiology] Group-B Roll No.s 51 to 100<br>Universal Precautions [Gen. Surgery] Group-C Roll No.s 101 to 150 |                      |                      |                      | OT                                                                                                 |                      |                      |                      |  |
|                   | 04-10-2026 | SUN |                                                                                                                                                                                                                               |                      |                      |                      |                                                                                                    |                      |                      |                      |  |